

# Alexandra Burroughs-Hood

Associate

E [aburroughs-hood@morganbrown.com](mailto:aburroughs-hood@morganbrown.com)

P (617) 788-5012

[LinkedIn](#)



## Overview

Alexandra Burroughs-Hood counsels and defends employers in labor and employment matters. As an advisor, Alexandra helps clients with the legalities related to employee hiring, accommodations, discipline, and termination. She also provides guidance on daily operational matters related to the employer-employee relationships. In her defense work, Alexandra handles due diligence, conducts research, drafts documentation, and supports clients who need help resolving workplace discrimination, retaliation, and harassment. Alexandra's experience includes representing clients in administrative matters involving federal and state agencies, including the Massachusetts Commission Against Discrimination (MCAD). Clients appreciate Alexandra's focused approach to working through all of their legal needs.

Prior to joining the firm, Alexandra was an associate with a mid-sized, regional law firm based in Boston. In this role, she worked on cases involving employment-related allegations as well as liability insurance coverage and civil litigation matters. Before going into private practice, Alexandra served as a judicial law clerk in the Rhode Island Superior Court, drafting judicial decisions for superior court judges that encompassed various issues, including administrative appeals and constitutional issues.

## The Personal Perspective

Alexandra holds a second-degree black belt in Krav Maga, a self-defense martial art. The discipline, focus, and resilience cultivated through her martial arts training are also clear assets to navigating complex legal problems. Alexandra applies the roots of her martial arts practice—self-discipline, perseverance, confidence, and respect—to her law practice. As a result, she is acutely aware of how anticipating and countering an opponent's physical moves parallel a lawyer's ability to think strategically, adapt quickly, and remain

composed under pressure.

### **Awards & Recognition**

- Super Lawyers – Rising Star, Employment & Labor, 2026

### **News & Publications**

- Alexandra Burroughs-Hood Featured in Massachusetts Lawyers Weekly
- CLIENT ALERT: Fifth Circuit Strikes Down Department of Labor’s “80/20” Tip Credit Rule
- CLIENT ALERT: Connecticut Passes New Law Expanding Paid Sick Days Protections
- Morgan, Brown & Joy Adds Alexandra Burroughs-Hood as an Associate

### **Community Involvement & Pro Bono**

- Lawyer’s Clearinghouse, volunteer with the legal clinic for the homeless

### **Memberships**

- Boston Bar Association
- Women’s Bar Association

### **Bar Admissions**

- Massachusetts
- Rhode Island

### **Court Admissions**

- Massachusetts
- United States District Court of Massachusetts
- Rhode Island

### **Education**

- University of New Hampshire, B.A., *magna cum laude*
- Suffolk University Law School, J.D., *cum laude*