

Ashley M. Barnes

Associate

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Overview

Ashley Barnes represents employers in labor and employment litigation and alternative dispute resolution proceedings involving claims such as workplace discrimination, retaliation, wage and hour violations, and contract disputes. She guides clients from pre-litigation through resolution, helping management teams assess legal options, weigh potential risks and benefits, and make informed decisions about how best to proceed and achieve a favorable resolution. Ashley represents employers in state and federal courts, before administrative agencies such as the Massachusetts Commission Against Discrimination (MCAD) and Equal Employment Opportunity Commission (EEOC), and in private arbitration and mediation.

Before joining the firm, Ashley was an associate at a mid-sized firm, where she handled employment and commercial litigation matters. Her experience also includes representing clients in alternative dispute resolution proceedings before FINRA involving breach of fiduciary duty and unfair competition claims, and advising construction industry professionals, owners, and developers in litigation and transactional matters involving major construction projects.

Before entering private practice, Ashley began her legal career with the New York City Law Department's Tort Division, defending the city and its agencies in civil rights, personal injury, and wrongful death matters. She later served in the Law Department's Commercial & Real Estate Litigation Division, handling complex construction litigation and alternative dispute resolution proceedings. Her broad litigation experience gives her a strong foundation for evaluating risk, developing practical strategies, and advocating effectively for her

clients.

Awards & Recognition

- Best Lawyers: Ones to Watch in America, Litigation – Labor & Employment, 2025 – present
- Super Lawyers – Rising Stars, Civil Litigation, 2025 – present

News & Publications

Memberships

- Boston Bar Association
- Women's Bar Association

Bar Admissions

- Massachusetts
- New York

Court Admissions

- United States District Court for the District of Massachusetts
- United States District Court for the Southern District of New York

Education

- Boston University, B.S, 2013
- Brooklyn Law School, 2016